

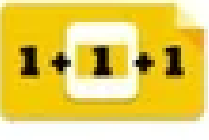
POTTY PD


because every moment is a learning opportunity

May/June
2022
VOLUME 1
TISSUE #4

This PD is brought to you
by Florangela Calderon-
Charles MS Librarian

THIN SLIDES

THIN SLIDES 

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One Word (or phrase) One Image One Slide Five Minutes

15 seconds to make a claim or observation
The goal is to be done in 10 minutes



TECH TIPS

ctrl+ shift+ t
will re-open the most recently closed tab





Tech Tips from @brittanywashburntech

ctrl + 0 = Reset Zoom
Use to get back to 100% after you've zoomed in or out on your browser.

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Tech Tips from @brittanywashburntech

F5= Clear Cache
If a website page is not loading correctly, try clearing the browser cache with F5

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Tech Tips from @brittanywashburntech

F2= RENAME
When you need to rename a file, press F2 instead of right-clicking.

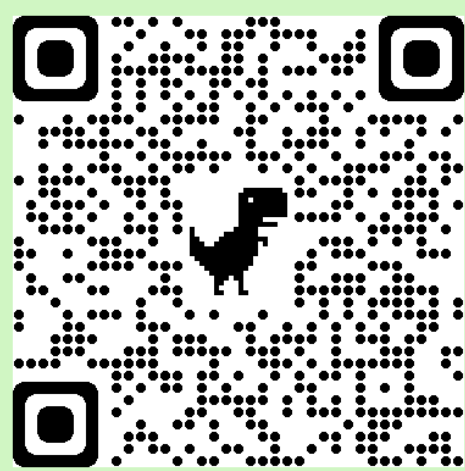
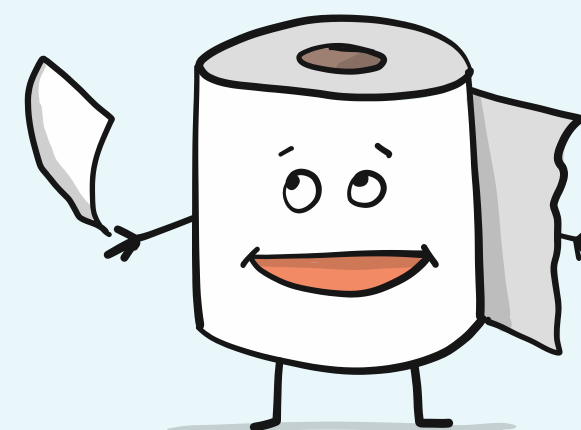
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Tech Tips from @brittanywashburntech

Select a URL
Without needing to click into the browser URL bar, you can select the URL and then copy it.

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Tech Tips from @brittanywashburntech



For our last Potty PD for this school year, I am sharing with you THIN SLIDES. You will create a slide deck, share it with students, & give them editing rights. Each student will have 1 slide & 3 minutes to answer the prompt using one word/phrase & one picture. You then project the slides & when students see their slide, they will share what they wrote. This is a great formative assessment to see if students are understanding the lesson & gets everyone talking! Check out this [Wakelet](#) with tons of information.

1 GROUP POSTER EXAM
Learners receive a grade based on design, content, oral presentation, & response to questions.



BRAIN BLAST

FINAL EXAM ALTERNATIVES



6 E-OPTIONS
Adaptive Testing: The test is calibrated to the students' abilities.
Simulation: Students make choices based on a real-life scenario.
E-portfolio: Learner artifacts and reflections. (Source: Matt Wingfield)

2 LETTER TO A FRIEND
Write a well-supported letter about the content—using informal language. (Source: Ben Motz)

3 CLOZE
Kids are given a passage from the readings, or an outline, or slides with content. They fill in the blanks with the correct terms. Word banks can be provided. (Source: Birdsville Schs.)

4 DIG DEEPER
Kids choose a theme that interests them & explore it further. They present what they learned with a podcast, blog post, etc. (Source: Somewhere to Share)

5 MEMO
Learners write a memo with these headings: "background, problem, possible solutions with pros & cons, final recommendation" & "possible impact." (Source: Open Berkeley)

7 WHAT'S THE Q?
Given answers, kids identify the questions.

8 YOUTUBE EXAM
Groups pick 5 imp. topics from the year & explain them in a video. Gather the videos together in a course YouTube channel. (Source: Betsy Polash)

TODD FINLEY

1 CHAINING GOALS
Jerry Seinfeld hangs a calendar on his wall & for every day that he successfully writes jokes, he draws a big X and creates an XXXXX pattern. His goal is to never break the chain. There is also apps for chaining: HabitBull and MyChain.

2 MAKE LISTS
Use paper or electronic lists with apps like Todoist and TickTick



BRAIN BLAST

OUTSIDE THE CLASSROOM... WHAT EFFECTIVE TEACHERS DO

8 REDUCE DISTRACTIONS
Don't multitask. Check your email 2x a day at most & avoid "res-pose-mode." (M. Kernaghan, INC.)

9 ENJOY HOBBIES
"Outside pursuits enrich lives & translate into better teaching," writes teacher Diana Senechal (2013).

3 TAKE BREAKS
"Taking intermittent breaks restores physical energy," according to Tony Schwartz and Catherine McCarthy (2007)



4 PREP FOR TOMORROW
Budget 15 min. every evening to file papers & return objects to their right location before you go home.

5 GO TO THE LIBRARY
Go to the library every 2 weeks & read before bed. Build that brain.

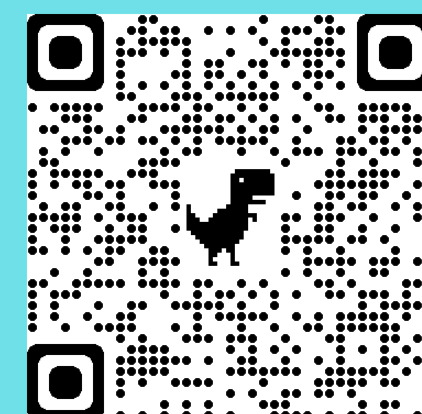
6 MEET WITH FRIENDS
Friendship reduces cortisol, improves confidence, & boosts resilience to trauma (Mayo Clinic, 2019).

7 DECIDE
An fMRI study of 34 college fresh-man found that those who made quick decisions had more highly developed neural networks. Seeking to master new environments & challenges stimulates the brain (SINTEF, 2015) & leads to more opportunities.

10 PRACTICE SELF-CARE
After 8 weeks, meditation boosts attentional focus, sensory processing, & reflective awareness (Kilpatrick, L.A., 2011). Do "150 min. of moderate-intensity or 75 min. of vigorous-intensity aerobic physical activity each week" (MedlinePlus). The National Sleep Foundation recommends 7 to 8 hrs. of sleep for people over age 64 & 7-9 hrs. for ages 18 to 64 (Harvard Health Publishing, 2019).

TODD FINLEY

While I have your attention, I wanted to thank you for making Potty PD a flushing success. I hope they have been helpful and that you were able to utilize all the tips provided. Remember that all previous Potty PD's are available in the teachers resources section of the Library Website. Have a restful and enjoyable summer break.



THANK YOU!

